

OFFICIAL PUBLICATION OF THE CANADIAN CAMPING ASSOCIATION

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February 1960,

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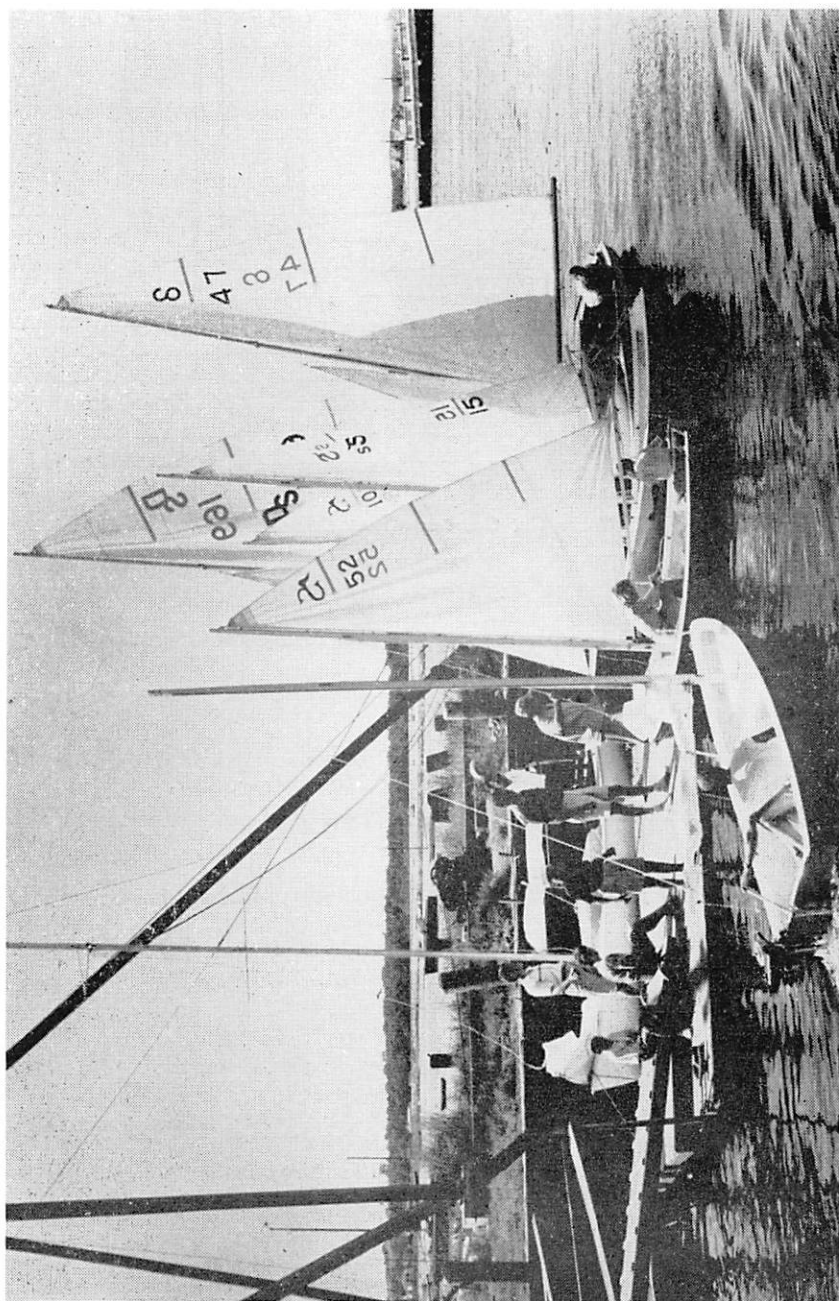
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CAMPING FOR TOMORROW

EDITORIAL

Reynold E. Carlson
Professor of Recreation
University of Indiana

Parents and educators today recognize the values of camping for children, and it is now an integral part of the programs of most youth-serving, education, and recreation agencies. This recognition is based, at least in part, on a belief that "the good camp can be one of the most significant of educational experiences—an experience that may profoundly affect the physical, mental, and emotion outlook of the child."

Needs for the Future

Acceptance of the values of camping imposes upon camping leaders the moral responsibility for continuing high standards of service and providing camping experience for the future in accordance with needs as they may develop.

Some of the needs for tomorrow's camps will not differ from those of today. Children will continue to need love, adventure, recognition, a sense of "belonging," achievement, self-expression, and physical activity—unchanging needs which are a part of the very core of life. Camps are ideally designed to

meet these needs through their small groups, their favorable camper-counselor relationships, their twenty-four-hour-a-day and seven-day-a-week programs, their basic relationship to the out-of-doors, and their infinite variety of activities. Meeting these needs of children must always be their first responsibility.

Camping needs through the coming years will be affected, however, by external aspects of our changing world. One of the most important of these is the tremendous growth in population.

Experts are now predicting a population in America by 1975 of two hundred to two hundred and ten million persons. In recent years, camp attendance has been growing at a faster rate than has the population. We now have camp facilities and programs to provide for eleven or twelve per cent of our child population between the ages of eight and fourteen. Because of the growing place of camping in the life of youth, we may well need to provide camping for fifteen or twenty per cent of this age group by 1975. Considering this possibility in the face of the rising population, there is reason to believe that summer camps will need to expand by thirty or forty per cent during the next eighteen years.

Scarcity of Campsites. As population expands, it becomes increasingly difficult to find desirable campsites which

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provide the acreage, isolation, and program possibilities needed in camp. Camp agencies will encounter increased competition for land from those who seek private vacation sites, from resort promoters, and from commercial enterprises of various kinds. Therefore camps anticipating expansion should secure land as soon as possible. Man's ingenuity cannot manufacture more of this basic resource.

One acre out of every ten in the United States today is under the auspices of government agencies. Camping authorities may have to depend increasingly on these public land-holding agencies for the use of park-forest land which they may lease for long or short-term camping.

Outdoor Education and Camping. Outdoor education is recognized as a problem of education to help people to learn to use outdoor resources wisely, to understand biological principles, and to act as intelligent citizens in determining policies on resource use. In the schools it may take the form of classes, experiences in camps, or it may involve use of the out-of-doors on field trips in science and conservation courses as a laboratory of instruction.

This will undoubtedly have an impact on organized camping. More children will, as a result of outdoor education, be interested in camping and better prepared for it; camping programs can be more easily oriented toward outdoor living and learning; leaders with outdoor-related skills will be more numerous; and the understanding of camping values will be more widespread.

Increased Regulations. For many years voluntary agencies and the American Camping Association have been in the process of developing and implementing camping standards. This has done much to improve camping practices. A

recent grant from the Kellogg Foundation to the American Camping Association will make possible the improvement of the standards implementation program on a national basis.

State agencies, particularly boards of health, have in recent years greatly tightened regulations governing camp operations. About twenty-eight states now have regulations governing summer camps, and several states have a licensing system. There is every reason to believe, as years go by, that the regulation of camping by state agencies will be increased, and that parents will learn to evaluate camps in terms of their ability to meet standards.

Community Planning. Many communities are now examining their total camping picture in terms of facilities, costs, and community responsibility for providing camping services. Each should attempt to upgrade its camping program in the light of present standards.

In any community study, the adequacy of present camping services should be considered in terms of present usage. Facilities and areas should be analyzed in terms of the size of the camp population, the extent to which they meet health and safety standards, the program, the leadership, and the inclusion of all social segments of the community.

Camp population trends as well as trends in the community's child population should serve as a basis for determining future needs. Many communities and camping agencies will need to secure land and develop master plans even though actual facility development is postponed for many years. Consideration should be given to the increased interest of schools in outdoor education

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Towards Understanding Our Young Counsellors

By W. E. (Ted) Yard,
*Past President of
the Canadian Camping Association and
the Ontario Camping Association*

We are pleased to welcome Mr. Yard's return to our writing staff with this first article he has been able to give us in over a year. During the winter of 1958-59, he completed graduate studies and received his Master of Science Degree in Group Work Administration from George Williams College, Chicago. While he was at the College, he presented three courses in Camp Administration.

It has long been recognized that rather special qualifications are required for camp leaders or counsellors, and most camp directors would agree that the most highly skilled campers are by no means assured of success once they move into the leadership role.

From a large number of campers, a director may "screen" out those older boys deemed "most likely to succeed" as counsellors. These may take specialized training courses, and eventually the most successful will likely be invited to become junior counsellors. Despite this careful process of selection, however, there will still be many "problems" to work out in helping these young men achieve any degree of all-round competency in their work.

Sometimes the new counsellor creates the impression that he is dis-

satisfied with certain regulations. He may resent being "hustled up" if he is not on time for an important duty, but he will be late again the next time! He may begin to feel that his supervisors are "restricting" him, although no new regulations or rules have been made since he studied the camp's policies, and applied to work within their framework.

It is likely that the Director and his senior staff men have taken considerable pains to "spell out" the "controlled" aspects of the work in a children's camp setting; they are sure that the young counsellor not only understands these when he comes on the job, but that he subscribes to them too. Still, he seems often to forget! When confronted with his apparently flagrant violations of the regulations, the young man will generally demonstrate a sincere concern, and a desire to do well; and yet he may again fail to keep within his agreed-upon framework.

Can it be, after the careful programme of selection and training, that this young man was "unsuited" to the position? Or is this just a demonstration of the "everlasting unpredictability of youth"? What is at the bottom of this problem? We understand that

experience with the problem is not confined solely to the organized camping field.

THE ORGANIZED CAMP SETTING

It seems appropriate here to draw attention to the peculiar "full-time" community represented by the organized children's camp. Here we do not find the almost completely separate components of the "teen-ager's" city community—school, home, part-time work, and recreation. In the city, each of these compartments may, in a way, provide a sort of retreat from the other. In camp, the whole life is lived in a *camp community* in such a way that it may fairly be said that a person's consistencies as well as his inconsistencies become more clearly evident to his fellows.

In a series of interviews with first year camp counsellors, in 1958, the following reasons were recorded as representing their interest in assuming this responsibility:

An attractive summer "job".

A mark of success after years as a camper.

A desire to move along with friends they had been with for many summers.

A healthy summer away from home.

Opportunity to take on new responsibility.

Interest in learning special skills associated with working with people.

As listed above, the reasons are in order of popularity in this case, and for junior first year counsellors they do seem valid enough, with no particular indication for us to feel apprehensive.

THE DEVELOPMENTAL TASKS

Prof. R. J. Havighurst of the University of Chicago has been a key speaker at various Camping Conventions. Most camp people are familiar with Professor Havighurst's "Developmental Tasks", and it becomes strikingly evident as we consider the above list, that the interests of these young men relate in many ways to the tasks of the adolescent! These may be seventeen, eighteen and nineteen year olds, and it seems that at this age, and possibly for several years beyond, they may still *not yet* be concerned with those tasks which are considered the tasks of young adulthood.

One has but to consider carefully the tasks of the young adult as listed by Havighurst—selecting a mate, learning to live with a marriage partner, starting a family, etc.—and it becomes increasingly evident that a young man vitally concerned with the accomplishment of these tasks will not likely apply for two months work in a north-woods boys' camp!

Perhaps the desire to "move along with the fellows" and "to spend another summer with the old gang" may in themselves be considered indications that these young men are still involved in Havighurst's adolescent tasks related to *achieving a masculine role* and *achieving new and more mature relationships with age-mates*. We know that in coming to camp, they have expressed the desirability of independence from home and school, which might be interpreted in terms of the task of *achieving emotional independence from parents and other adults*.

GETTING TO THE BOTTOM OF IT

Lest one should get the impression that a young man can be expected to

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NURTURE FROM NATURE

*By Kirk A. W. Wipper, Director,
Camp Kandalore*

To many it may seem odd to encourage the experience of living from the land. This is particularly so when we consider that we have been very well supplied in recent years with a splendid series of cook-out foods. It would appear that dining on dandelions is of little real value. However there are significant advantages in the pursuit of foods from the natural environment. For example, a camper finds in this extraordinary form of exploration a new application of his ability to find and identify specimens from the world around him. Furthermore his capacity to survive will obviously be enhanced, and no one can predict when such skill may save a life. And, finally, his understanding and appreciation of the natural surroundings will become much more sensitive through the cultivation of his sense of taste, touch, sight and smell. In the pursuit and use of natural foods, a new dimension of the wilderness is exposed to those who undertake to explore it. The camper is automatically required to approach his environment from quite a different and exciting point of view.

The purpose of this series of short articles will be to provide some help with this camping skill by offering suggestions for its development. Of course, tested ideas will be most welcome and should be mailed at once to

the author so that they may be fitted into an appropriate category.

This particular article is being devoted to a consideration of survival or starvation foods. Such sources of nourishment cannot be considered as delicacies, but they are, nonetheless, extremely valuable in an emergency situation. At least one of these, namely rock tripe, has considerable historical significance in that Richardson and Franklin (world famous explorers) virtually lived on it for months.

Rock Tripe is a greenish, black lichen found on rocks over a wide geographic distribution including the coldest, bleakest regions of the continent. Because it is a lichen and contains an ingredient that is irritating to the stomach, it must be carefully cooked. The first step is to wash it thoroughly to eliminate gritty materials that may be clinging to it. The roots should be entirely removed. The cleaned remains should then be roasted until crisp and followed by boiling. The tripe is ready to be eaten when it resembles a thick gelatinous soup. The taste will resemble tapioca with licorice flavoring. (If you were starving, you would relish it).

Other lichens are also rich in carbohydrates and lichen starch. In fact, it is quite marvellous how nourishing

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“LOAD AND ROLL... FIVE MINUTES”



The Story of a Caravan Camp in Western Canada

*By Ron G. Scott,
Central Y.M.C.A.,
Winnipeg*

We seem to get our best ideas for camp in October or November; by March the budget makes their realization impossible, and in July and August, we are so busy in the activities of camp itself that we have forgotten them.

Many of the midwinter ideas are good. In the winter of 1957-58, we had a thought that we would like to try Caravan Camping, and with the above camp formula in operation, we found ourselves discussing it again in the winter of 1958-59. BUT . . . this time something happened. Committee people caught the idea, and we were away . . . to the planning sessions.

Caravan Camps are run in many different ways. Ours, to make a long story short, took to the road in August, 1959, with twenty-seven boys, two staff, Ron Scott and Bill Post of Central Y.M.C.A., Pete Doell, our driver, and “Maud”, our Greyhound chartered bus.

During the ten days, we toured in four provinces, boated into the United States, visited a huge ranch, as well as a lime works. We climbed mountains, went trail riding, fished and swam in streams, visited the Mormon Temple, camped for four nights at Waterton Park. Alberta, ate in some terrific restaurants, cooked a lot of meals on our faithful gas stove, and visited the R.C.M.P. in Regina. Another highlight: a baseball game in Lethbridge,

courtesy of a local business man who thought we were a great gang . . . fortunately for us! All this took us through two thousand miles in Western Canada..

Several thoughts prompted our trek, one of which was the low number of thirteen- to fifteen-year-olds in our resident camps; another: this age group's normal desire for travel and "exploring". During the trip, the experiences of rising early, cooking and eating breakfast, striking camp ("remember stove, fridges and tents in Compartment 1; food in Compartment 2; personal gear in No. 3!") rolling two hundred to five hundred miles and reversing the procedure, caused a tired but happy bug-eyed crew to tumble into sleeping bags each night, knowing they had "added to their stature" each day. Prairies in the morning, mountains at night, waterfalls, mines and stopping for lunch beside the road; there was something new all along the way, but we stopped long enough in places to get to know and understand them a little. We were indebted on the latter point to Laurie Ashley and Frank Sudol, "Wardens of Waterton", who practically lived with us during our stay. Resource people are where you find them.

The travel, not as in resident camp transportation, is part of camp . . . the major part. We came to handle tuck accounts in less than forty miles. The boys planned programme, etc., along the way. They sang and got to know each other well, and found joy in

learning about our country at first hand as we journeyed along.

Greyhound representatives helped in all phases of planning, in booking meals, selecting campsites; even to hand-picking the driver, who, on a trip like this, becomes a staff member.

This is not a substitute for other types of camping, nor do other types supplant this in any way. Rather is it a different type . . . unique . . . another useful tool in work with youth.

After our initial success, and the enthusiasm of the group of over one hundred boys, parents and friends who attended the Reunion Night and saw more than five hundred pictures the campers took on the trip, we are off again in 1960, this time to Riding Mountain, Jasper, Banff, and the Saskatchewan River Dam.

—●

INCIDENTAL INFORMATION

In these days there is a very real need for counsellor training techniques, and the Y.M.C.A. Association Press has edited two film strips which could greatly assist a camp director in his task. Based on the fundamental needs of campers, the sketches and wording also point up sound counselling attitudes, and at the same time bring in a little humour which would appeal to young trainees. The two strips may be ordered from the Y.M.C.A. Association Press, 291 Broadway, New York 7, N.Y., at a cost of \$35 for the two.

—●

Lost In The Bush?

Keep Calm!

Barry Lowes

Camp Timberlane

There is nothing more terrifying than being lost in the bush, and strange are the tales told of how men react. Panic seizes them and plays havoc with their rationality. They may plunge blindly through the densest bush, stumbling, tearing and bruising themselves until they finally fall exhausted, or they may cower without making a sound while rescuers walk within a few feet of them and, in fact, have been known to flee from rescuers. Some men choose suicide.

Unless you have felt the numbing realization that "you are lost" in the bush, you cannot appreciate the strange "madness" that it causes in men; even men who have lived their lives working in the woods. However, even the "greenhorn" can look back on the experience as just a rough night or two spent in the woods if he follows a few simple rules.

Camp directors have a responsibility to see that every counsellor and camper is given this basic information as an integral part of their woodcraft and tripping training:

Never enter the bush without notifying someone of where you are going and when you expect to return. Report to them when you do return. Failure to do this can be fatal. You may not be missed for crucial hours or days.

1. When you feel the stabbing realization that you are lost, your greatest enemy is PANIC. Fight it by immediately SITTING DOWN. Your first urge will be to run (blindly in any direction). Don't run. Don't even walk. SIT DOWN. THINK!

2. Remember that a search party is being organized to find you. Help them. Don't try to "walk out". You will wander for miles making it just that much more difficult for searchers to find you. Anyhow, without a compass, you will invariably wander in giant circles. STAY PUT. Use your energy for gathering wood for a warming, cheering fire, for building a shelter and for gathering food. Stay alert; keep busy. Be optimistically realistic.

3. Study your surroundings carefully. Once you have decided to STAY PUT, you can concentrate on what has to be done to help your rescuers and make yourself comfortable until you are found. Find a clearing, preferably facing south and sheltered from the wind, beside water. This makes it easier to be spotted and gives you a warmer location with a constant water supply at hand. You will need lots of dry firewood which can be gathered without an axe.

4. BUILD A FIRE in a clearing, or best of all, beside a lake where it

is easiest to spot from the air. Remember that the lower dead branches of evergreens are always dry, even after a rain. Use birch bark, other barks, dry leaves or needles for tinder. Conserve your matches, it may be a long wait.

Keep your fires going twenty-four hours a day if the wood supply is plentiful. Remember that three fires forming a triangle is the international distress signal. Some moss, damp leaves or other greens will produce attention-drawing smoke.

For cooking and warmth, build a small fire using the slower growing hardwoods that build a bed of glowing, long-lasting coals.

There is something atavistic about a fire. It warms, it reassures and it comforts. Sitting beside it, the darkness is pushed back, the unknown beyond is not quite so frightening. When you are warm the ordeal is not so wearing. Remember, too, that no animal in our northern woods will attack a person. Fear no animal; only panic can hurt you.

Be careful with your fires. A bush fire is so easy to start.

5. BUILD A SHELTER. A lean-to is the simplest shelter. Build it on high ground in the lee of the wind. A cross-pole is fastened to two uprights which might easily be small trees. At each end of the cross pole another pole angles down to the ground. Evergreen branches make a good roof. Place the heavy butt ends at the top resting on the cross-pole. This allows the direction of growth to aid in shedding water. Pile it as thick as necessary to hold out the rain. A bark roof takes longer but it more waterproof. However, we will hope that you will not have to set up semi-permanent residence. For your temporary stay, evergreen boughs will suffice.

By building the lean-to facing a large rock (six to ten feet away), the heat from the fire will be reflected towards you. Line the inside of the lean-to with small evergreen bows, curved side up, to a depth of ten inches. This soft bed will also insulate you from the cold, damp ground.

6. TAKE STOCK OF YOUR RESOURCES. You have more than you realize. Empty your pockets. What do they reveal? How can they be used? Shoe laces for snares; keys for fish lures or sinkers; a pin for a hook; a belt can be cut into long thongs; kleenex or other paper for tinder; a watch as a compass; anything shiny as a heliograph (sun signal). Use your imagination. The ability to improvise is your greatest asset.

7. SIGNALS. Remember that three of anything means **HELP**; three fires, three calls, three shots, or three flashes with a shiny reflector using the sun. If you are near a beach, use a thick stick to scratch the word **HELP** on the sand or lay sticks to form the word. The letters should be as large as possible. If you see an aircraft, stand in the open where you can be seen easily. Wave your shirt or some other light object or flash signals using the sun, keep your fires burning. Make yourself conspicuous. Fire at night and smoke during the day are your best signals.

8: FOOD. You will probably be found before food becomes a serious need. However, you should plan as though you are going to be staying awhile. In the summer, berries, the tender inner parts of cat-tail shoots, or young ferns are edible.

Porcupines (clubbed), rabbits, squirrels (snared) or the odd partridge (stoned) will be your prime sources of

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NEWS OF OUR MEMBERS

From MANITOBA

A newsy note from Isabel Sokol, President of the Manitoba Camping Association, greeted us in the new year, and brims over with enthusiasm but at the same time shows how many recent moves and changes involve key members of the M.C.A. Executive:

Verne Scott: former staff member of I.V.C.F. and Director of (Girls) Pioneer Camp. Left in September on a year's leave of absence and is teaching High School English in Victoria, B.C.

John Katruk: formerly staff member of St. James Y.M.C.A., assistant director at Camp Stephens, chairman of Institute Committee, left in September for Y.M.C.A., St. Johns, N.B., to be assistant physical education director.

Bill Owen: formerly Boy's Work Secretary, Winnipeg Central Y.M.C.A., director of Camp Stephens and chairman of the Standards Committee.

Moved in September to Vancouver to become Director of Physical Education at Central Y.M.C.A. in Vancouver.

Shirley Pearce: formerly Program Director at Y.W.C.A., Winnipeg, and Director of Camp Kinnard. Left in July for Egypt where she will do leadership training with the Y.W.C.A. there. This includes camp training. She is on a two-year leave of absence.

Jackie Heard: formerly on staff of Logan Neighborhood House and secretary to M.C.A. Left in September for Tulane University in New Orleans where she is working for her Masters in Social Work specializing in the group work method.

Captain Sybil Mutton: formerly working with the Salvation Army Camp and Blitz-Night chairman of M.C.A. Was transferred to the Toronto Salvation Army Headquarters.

Characteristically, Isabel's closing words sound a note of optimism:

"We have had trouble getting people to handle Executive jobs, but things are picking up and we should be rolling by the first of the year.

"I have changed my job since you were out here last. I am now a probation officer at Juvenile Court, working with boys twelve and under. It is very interesting work, but I am out of the camping field. I am still very interested in camping, however, and plan to remain a private member."

C.C.A. owes a debt of gratitude to all these Manitoba members who have contributed so generously to the expansion of camping and Camping Association activities in that province. To each one go our sincere wishes for every success, and our hope that they will continue to work in the camping field wherever they go.

turn to next page

From NOVA SCOTIA

Thanks to Freda Wales, we can also include news from Nova Scotia:

The new president of the Nova Scotia Camping Association is Abol Ziai, Recreation Director for the City of Halifax. Mr. Ziai has had over eleven years' experience as camp director at Camp Aquatic and the Girls' Club of America Camp, both located in Massachusetts, and at Camp Hersey in Quebec.

James Mackie who has recently been appointed Field Commissioner with the Boy Scouts Association is the immediate Past President. For the past five years Mr. Mackie has directed Camp Lone Cloud, the Halifax and District Cub and Scout Camp at Miller's Lake. In his position he will be supervising scout and cub camps in the western part of the province.

The office of Vice-President is held by George MacIntosh, Vice-Principal of Bloomfield School in Halifax. As a member of both camp committee and staff, Mr. MacIntosh has been most active with the Anglican Youth Camp at Mason's Point.

Mrs. Warren Publicover also associated with the Anglican Youth Camp as Waterfront Director is Treasurer of the N.S.C.A. Mrs. Publicover, who directs women's work at the Y.M.C.A. is an active member of the Provincial Red Cross Swimming and Water Safety Committee. The Secretary of the Nova Scotia Section is Freda Wales, supervisor with the Physical Fitness Office of the Department of Education. She has directed sports and waterfront at the Junior School of the Arts, a ten day co-education camp for teenagers run by the N. S. Federation

of Home and School Associations since its inception three years ago. In her work she promotes outdoor activities and school camping projects.

Chairmen of Standing Committees are Mrs. L. W. Collins, for Membership and Robert Oxley for Public Relations. Mrs. Collins has directed a number of Guide Camps and is now a busy mother of two youngsters but is still very active in Guiding. A radio announcer by profession, Mr. Oxley is very active in youth leadership in the Halifax Y.M.C.A.

David Hartry, Arts and Crafts Director at the Y.M.C.A., edits the N.S.C.A. Newsletter. For the past three years Mr. Hartry has directed the craft programme at the Y.M.C.A. Big Cove Camp.

Membership in the Nova Scotia Camping Association has grown steadily since its inception in 1955. There has been an increase of forty-five percent in camp members in the last two years.

The N.S.C.A. Newsletter, a ten page mimeographed bulletin, gives news from the executive and member camps, programme material and articles concerning administration and philosophy of camping. It is planned to have this publication come out three times a year.

The executive is now discussing the possible broadening of the Nova Scotia Section to include the other Maritime provinces. A special meeting was called in January to discuss basic philosophies of camping so that all may better understand the aims and objectives of camping of each sponsoring organization.

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FAMILY CAMPING

A new development in the camping field is the organization of a Family Camping Club in Halifax. About one hundred camping enthusiasts turned out at the original call for interested campers to talk over the pros and cons of getting together to share ideas and knowledge on this subject. At this initial get together an interim committee was formed and at the second meeting officers were elected to start the wheels in motion. A name has yet to be found for this fledgling organization.

Brought together initially at the suggestion of the Physical Fitness Office of the Department of Education, the campers elected Maurice Hennigar of this Department as their first president. The Hennigar family is one of experienced campers, having vacationed in true camping style in the Maritimes, and last summer travelled across the continent sampling every type of camp site en route.

SPRING CAMP CONFERENCE

Sixty-one registrants from eighteen camps in Yarmouth to Sydney attended the Annual N.S.C.A. Camp Conference held on May 30, 1959, at St. Matthias Church Hall in Halifax.

The morning session featured program material dealing with simple crafts, camp games of all kinds and the waterfront setup.

Crafts

Corporal Patrick McGough had all twenty-five participants making sprigs of spiraea from crepe paper and wire and delicately shaped chrysanthemums from colored facial tissues. Articles on

display included log cabins, animals, paper mache imitations of bark covered logs, etc.

A good source of reference for simple crafts recommended by Cpl. McGough is "Pack O Fun," a monthly magazine put out by the company of that name at 741 Devon Avenue, Park Ridge, Illinois.

Games

Hints for selection of games were given by John Norman, Physical Director of the Y.M.C.A. Being familiar with the sub division of games makes for easy choosing for various situations.

Waterfront

Adequate watersafety equipment, a well marked area and a qualified mature person in charge go to make up essentials of a safe waterfront set up. Mr. Les Punchard showed the film, "I'm No Fool in Water," to all attending the conference.

"The Challenge of the Summer Camp", was presented in the afternoon by a symposium chaired by Mr. Murray Fraser, director of Big Cove Y.M.C.A. Camp.

Organization

Rev. Rhodes Cooper, of the Anglican Youth Camp, presented the challenge of good organization as the unseen foundation upon which the care and welfare of campers will depend.



At Toronto's Conference on March 25th and 26th, at the King Edward Hotel Prof. Alan Klein will take the

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Friday morning session and speak at the Saturday night banquet. The Friday evening gathering in Toronto is always interesting and purely social, sparked by a coffee party at which O.C.A. members have an opportunity to meet the Executive, to chat and meet new friends in the Association. This year an opportunity will be given to show slides, and it is hoped that John Fisher will be in town long

enough to give an address to the group.

From all parts of the two provinces, and we hope from other parts of Canada and the United States too, will come directors, programme staff, counsellors and buyers, to hear, see and learn in preparation for a summer of good camping.

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HOW DO YOU SCORE

Score your camp's fire safety. Next to each question is a space to be answered by a check mark in either YES or NO column. A check mark in the YES column points to a serious fire hazard. Do so at the opening of each camping season. Use the check list at the opening of each camping season. Save your camp — save your life.

HOUSEKEEPING

	CHECK	
	Yes	No
1. Have you removed all flammable rubbish and leaves from around buildings and tents?	<input type="checkbox"/>	<input type="checkbox"/>
2. Are grass, brush and small trees cut or thinned out around camp buildings?	<input type="checkbox"/>	<input type="checkbox"/>
3. Is fire-fighting equipment within easy reach when trash, leaves, etc. are burned out-of-doors?	<input type="checkbox"/>	<input type="checkbox"/>
4. Do you keep your storerooms and garages free from rubbish, old rags, papers, etc?	<input type="checkbox"/>	<input type="checkbox"/>
5. Do you keep oil mops or paint rags in closed metal containers to guard against spontaneous ignition?	<input type="checkbox"/>	<input type="checkbox"/>
6. Are stoves always kept free of grease? Do you have baking soda or salt handy in case of grease fires?	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you hang towels on special racks, never drying them on or near stoves?....	<input type="checkbox"/>	<input type="checkbox"/>
8. Do you collect ashes in covered hole-free metal containers and dispose of them when properly cooled?	<input type="checkbox"/>	<input type="checkbox"/>
9. Do you keep matches in metal containers away from heat?	<input type="checkbox"/>	<input type="checkbox"/>
10. Do you use only safety matches in camp?	<input type="checkbox"/>	<input type="checkbox"/>
11. Do you have spark-screens over all chimneys?	<input type="checkbox"/>	<input type="checkbox"/>
12. Are all fireplaces equipped with effective fire-screens?	<input type="checkbox"/>	<input type="checkbox"/>

ON FIRE SAFETY ?

to each question are two boxes to be
S or NO. Each question answered NO
something about these hazards — now:
camp. Consult it frequently during the
forest from fire.

FLAMMABLE LIQUIDS

- | | CHECK | |
|--|--------------------------|--------------------------|
| | Yes | No |
| 13. Do you start fires with paper and/or kindling only, never with flammable liquids? | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Are kerosene or gasoline lanterns hung up or put on tables or shelves and never on the floor? | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. Are supplies or fuel oil stored away from buildings, in underground tanks?.. | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. Are oils (kerosene and gasoline) handled only in the daylight and where spillage cannot be ignited? | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. Are gasoline stoves and kerosene stoves and heaters of types listed by Underwriters' Laboratories, inc.? | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. Are your lamps sufficiently heavy-based to prevent tipping?..... | <input type="checkbox"/> | <input type="checkbox"/> |

CONSTRUCTION

- | | | |
|---|--------------------------|--------------------------|
| 19. Are the roofs of your buildings non-combustible? | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. Are roofs, gutters, eaves of buildings free of needles and leaves? | <input type="checkbox"/> | <input type="checkbox"/> |
| 21. Are all stovepipes, chimneys and hoods above kitchen stoves cleaned and repaired before camp opens? | <input type="checkbox"/> | <input type="checkbox"/> |
| 22. Are floors directly under stoves and heaters protected by galvanized iron, concrete or brickwork? | <input type="checkbox"/> | <input type="checkbox"/> |
| 23. Have you eliminated all stovepipes which pass through closets or storerooms? | <input type="checkbox"/> | <input type="checkbox"/> |
| 24. Are walls, rafters, ceilings and partitions protected from over-heating of stoves and pipes? | <input type="checkbox"/> | <input type="checkbox"/> |

. . . more in April Issue

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STOP PRESS NEWS . . .

Across the office desk at this last moment comes news that the Manitoba Camping Association has asked Ted Yard to conduct an all-day Camping Clinic in Winnipeg, on Sat., April 9th. Isobel Sokol, President of M.C.A., has arranged an interesting series of small discussion groups, as well as a talk to the total Manitoba membership, with the emphasis on leadership and programme.

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From QUEBEC

The Canadian Camping Association and the Quebec Camping Association are staging a joint conference on Friday and Saturday, April 8 and 9 (1960) in the Sheraton-Mt. Royal Hotel, Montreal, under the theme, A Good Camp is a Happy Camp. It will be noted that this criterion is applicable to both rural and urban camps for any age group and for either normal or special campers.

Alan Klein will be the special guest, and on Friday morning he will speak on *The Camper in a Happy Camp*; on Saturday afternoon on *The Staff in a Good Camp*.

Dealing with the outdoors, Mrs. F. M. Van Wagner will speak on Saturday morning about Treasures to be found on and off camps, while René Belisle will talk about Treasures in and near the city, after which a panel will discuss the *Who, What, Why*, etc. of such outdoor activity. That afternoon, a panel of experts from the Red Cross and Royal Life Saving Societies will discuss *The Waterfront Standards of Safety and Skill*. Theatre to fit both camp and camper will be discussed by Marion Taylor of the C.B.C. Children's Programme Department, on Friday morning and Saturday afternoon.

Administration should protect both the campers and the investment, and on Friday afternoon a panel will deal with maintenance — real property, equipment, care, storage, etc.; while on Saturday morning a panel consisting of an industrial caterer and a dietitian will discuss food — quantity, quality, storage, packing, etc.

Important sessions on Desirable Practices which should be followed in good rural and urban camps will be

conducted on Friday afternoon and Saturday morning by Mrs. Ethel Bebb and Miss Margaret Caesar and the Standards chairmen of both the Ontario and Quebec Camping Associations.

The feature for Friday evening will be a talk by Alan Klein on fun programmes for campers and for staff, followed by a dance "for added fun". Saturday's feature will be the closing dinner at which Margaret Nix will be the guest speaker.

Exhibits by camp suppliers will be much in evidence (to the joy of the conference treasurer!) and demonstrations of arts and crafts at camp will also be given. As visual aids, there will be (with your co-operation) exhibits of pictures and brochures of *your* camps. (Please send copies of pictures and two copies of camp folders to the office secretary, Miss F. M. Kelly, 2233 Belgrave Avenue, Montreal 28. Telephone, HU. 9-1541).

The following people are working on this national conference to help assure its success: F. M. Van Wagner, president, Canadian Camping Association; Ken H. Murray, president, Quebec Camping Association; and Tony Shorgan, president, French section, Quebec Camping Association — *ex officio*.

Anne Vail is conference chairman, Lillian Poltrick deputy chairman, René St. Onge, chairman of the French section, and Mrs. A. Weisbord, secretary. Committees: Accommodation, E. O. Freedman; Programme, Mrs. Agnes Mutchler, Mrs. F. M. Van Wagner and Miss Ruby Smith; Booths, Bob Lazanik, Mrs. Alta Kahn and Joe Freidman; Publicity, Neil Powter and W. J. C. Hewetson; Registration, Gordon Pollock and Jack Dalton; Hospitality, Mrs. T. Horn.

—●

HIBERNATION . . .

THAT LONG COLD SLEEP

We often hear it said that the black bear hibernates, but this is not correct. The black bear is a great winter sleeper, but it does not hibernate as the groundhog does. There is a big difference between winter sleeping and hibernating.

The black bear, raccoon, and skunk usually spend most of the winter in a deep sleep in their cave, hollow tree, or burrow, but the sleep they enjoy is not very different from the sleep you experience each night. They remain warm, and if startled, will awaken almost at once.

Hibernation is a different kind of sleep. A hibernating groundhog, frog, toad, snake, or insect seems to be quite

dead. In our six groups of hibernating mammals — the groundhogs, marmots, chipmunks, bats, jumping mice, and ground squirrels, life slows down almost to a stop during hibernation. The heart beat slows down to four or five a minute, and they may breathe only once or twice in that time. Compare that with your own heart beat of about seventy times a minute, and your breathing rate of about twenty times a minute.

The most remarkable change that takes place in hibernation is that the animal loses control of its temperature, which becomes about the same as its surroundings, and often is only a degree or two above freezing.

—●

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THOSE WETLANDS

Marshes, swamps and bogs have one common feature. They are wet. There are differences, however, which determine what proper name we should apply to these wetlands.

Marshes are usually found along the edges of oceans, lakes and rivers, which have protection from waves and currents. Here, in the quiet waters, cattails and sedges find ideal growth conditions. As the decaying plants drop to the bottom and sediment is trapped by roots, the water becomes shallower and the marsh gradually extends itself. Eventually, it fills in completely and trees are able to grow.

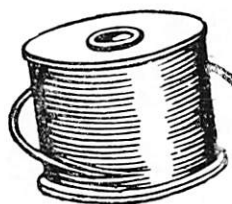
The swamp differs from a marsh, in that it may be merely a low-lying area which is very wet and ideal for such trees as tamarack, black spruce, white cedar, black ash and silver maple. Other plants are swamp loosestrife, alder and sensitive fern. Again, the tendency is for the soils to build up and become drier to attract other trees and plants.

Although the swamp soils are cold and the type of vegetation is restricted the spongy soils of bogs are much colder and tend to dwarf the trees and shrubs. Sphagnum moss forms dense mats which may extend out on the surface of the water. On this mat are found cranberries, sundew, pitcher plant, dwarf spruce and birch, sweet gale and bog orchids. Once again, decaying plant material builds up the bottom of the bog and makes it suitable for the growth of other trees and plants. Swamps may develop from bogs or marshes.

You will notice that, although marshes, swamps and bogs are different kinds of wetlands, they are all temporary situations which eventually become dry.



Toronto, Canada, February, 1960.



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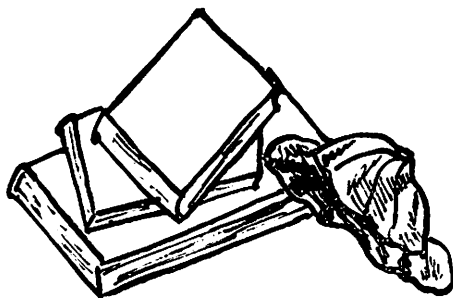
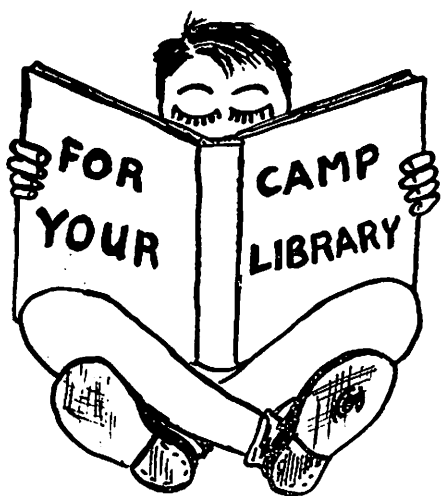
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Betty Spears

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METHODS AND MATERIALS IN RECREATION LEADERSHIP

Maryhelen Vannier

While Miss Vannier's book is not a new one . . . it was first published in 1956 . . . discovery of it is one that will

be appreciated by camp directors, key staff members and specialists. If for nothing else, the book is well worth the reading for its two opening chapters alone; the first, *The Challenge of Leisure*, which emphasizes all that we try to teach campers in taking time to see what is around us; the second, *Leadership Techniques*, which gives a broad treatment to such an important topic. Other chapters cover, of course, arts and crafts and games. But most important of all, and seldom found in book form, is a comprehensive chapter on *Dramatics*, beginning with choral reading, unusual methods in puppetry, dramatic games, costumes, make-up and one of the best known bibliographies of stories to tell and act, adaptable animal stories, mystery stories, *Plays for Children* and *Plays for Adults*. We suggest that this book be placed at the top of this year's purchases.

McAinsh & Co., Limited, Toronto 7, \$4.25.

TALKS TO TEENAGERS

Emily Welch

Any of us who have been in camping for any number of years, know to our sorrow the dearth of well-written worship material for all age groups. This little book, compiled by a camp director from material used with her own campers and counsellors, should serve to fill a very large gap. Dealing with subjects such as "The Alibi Habit" and "Talk, Talk, Talk" it includes many of the pitfalls of youth, and deals with essential things for adolescent campers. Many may be used exactly as they stand, and many more may easily be adopted for a particular camp. Primarily it would seem that the appeal is largely to girls, though many boys' camps could benefit from them. A real asset to any library of camp worship material. McAinsh & Company, Limited, Toronto 7, \$2.25

CAMP COUNSELLOR TRAINING WORKBOOK

Marie Hartwig and Florence Petersen

This is a "working" workbook, containing plenty of factual material as well as plenty of space to record it. With it, young counsellors are led through the maze of material which is generally covered in a counsellor-training program in many camps. After each section there is space for the counsellor's observations in methods and practices used, and suggestions of his own which might prove helpful. Topic matter ranges from counsellor's responsibility to director and camp, how to keep discipline at rest hour or how different age groups develop. There is a long chapter devoted to waterfront and how one should be set up and supervised, as well as an interesting section on social recreation with suggestions for various programmes. Campcraft, nature, crafts are all handled in the same way. Parts

of this book would be extremely helpful in setting up a counsellor training programme. Whether or not the many blank pages for counsellors' comments are equally helpful is up to the individual reader to decide. McAinsh & Company, Limited, Toronto 7, \$2.75.

1960 CAMP BUYING GUIDE

"A new tool for everyone connected with the operation of summer camps," is the way its editors describe the 13th annual CAMP BUYING GUIDE and is described as containing many new and unusually useful types of information for camp executive personnel. To increase its usefulness, publication date has been moved up two months — thereby making it available to camping people throughout the entire pre-camp season. Among new features expected to be especially valuable are: A buying guide calendar which shows how to schedule purchases of the various types of equipment and products used in camps.

There will also be an all-new Food forecast for '60. Divided into major commodity groups, with individual items sub-grouped under these headings, the Food Forecast will give latest information on quantity and quality of supplies, as well as likely price increases and decreases during the 1960 camp season.

In addition, there will be the Suppliers' Index for more than 150 products used by camps, with names and addresses of hundreds of suppliers; scores of charts, table and articles on buying camp supplies and equipment for feeding, arts and crafts, waterfront, sports, maintenance, sanitation, trips, etc. Also, a camp insurance guide, bibliography of latest books for camp leaders, and much other useful information.

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Sermons Under The Sun

To those camping groups who are fortunate enough to include a staff member trained in the art of Choral Speaking, the following chant is submitted by Miss Alice Trevis, Secretary Health and Physical Education, Y.W.C.A. of Canada.

Since this sort of reading is particularly effective in an outdoor setting, camp directors might be encouraged to look for a staff member this season who has this talent and can use it in beautifying the camp's devotional service each Sunday.

A Chant Out of Doors

2nd Sop.—God of grave nights

Sop.—God of brave mornings

Alto—God of silent noon

Unison—Hear my salutation!

Solo I—

For where the rapids rage white and scornful,

I have passed safely, filled with wonder;

Where the sweet pools dream under willows,

I have been swimming, filled with life.

Alto—God of round hills

2nd Sop.—God of green valleys

Sop.—God of clear springs

Unison—Hear my salutation!

Solo 2—

For where the moose feeds I have
eaten berries.

Where the moose drinks, I have
drunk deep.

Where the storms crash through
broken heavens —

And under clear skies — I have
known joy.

2nd Sop.—God of great trees

Sop.—God of wild grasses

Alto—God of little flowers

Unison—Hear my salutation!

Solo 3—

For where the deer crops and the
beaver plunges,

Near the rivers I have pitched my
tent,

Where the pines cast aromatic
needles

On a still floor, I have known peace.

2nd Sop.—God of grave nights

Sop.—God of brave mornings

Ato—God of silent noon

Unison—Hear my salutation!

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Ontario Camping Association

CAMPING CONFERENCE PROGRAMME

1960

Friday, March 25

- 8.15 a.m.—
9.00 a.m.—10.15 a.m. **Registrations and Exhibits.**
'What is This Whole Business of Supervision?'
Professor Alan F. Klein — University of Pittsburg.
Session for New Directors
Chairman — Ted Yard, Camp Pine Crest.
Staff — Organization, Selection, Training and Supervision.
Bert Danson, Camp Wabi-Kon.
- 10.15 a.m.—10.45 a.m. **Exhibits**
10.45 a.m.—12.00 noon **Continuation of Professor Klein's Session.**
Session for New Directors
Building and Layout
Barry Lowes — Camp Timberlane.
- 12.00 noon— 1.30 p.m. **Exhibits—**
1.30 p.m.—
'How can we Cure Staff Problems?'
Irv. Haladner, Camp Wabi-Kon
Session for New Directors
Programme 'Patterns' or 'Framework' for programme; develop-
ment of programme, discussion of various techniques.
- 3.00 p.m.— 3.45 p.m. **Exhibits and Draw**
3.45 p.m.— 5.00 p.m. **Continuation of Mr. Haladner's Session**
Session for New Directors
General Administration — Budgetting, insurance, food costing,
standards (including health and safety considerations).
David Palter, Camp Kawagama.
- 5.30 p.m. **Supper and Exhibits**
7.15 p.m.— 8.00 p.m. **Coffee and Social Hour** — Come and meet your executive.
(A special welcome to out-of-town delegates and exhibitors).
8.00 p.m. **Showing of Camp Slides** — Camp directors are invited to
share their camp pictures. Time will only permit a maximum of
six slides per camp, emphasizing facilities, waterfronts etc. (Such
slides should be clearly labelled).
Guest Speaker — Mr. John Fisher —
Executive Director, Canadian Tourist Association.

Saturday, March 26

- 8.30 a.m.— 9.00 a.m. **Registration and Exhibits.**
9.00 a.m.—10.15 a.m. **BUILDING, MAINTENANCE AND WINTERIZATION**
Barry Lowes
RAINY DAY PROGRAMME
Jack Pearce, Camp On-Da-Da-Waks.
A workshop session to bring out both new and old ideas covering
programme in rainy weather.
'BUT I'M TOO OLD TO BE A CAMPER!'
Bert Danson
Canoeing Standards—
Kirk Wipper
SKILLET SKILLS
Miss Kay Anson, Canadian Girl Guides.
Pointers in the art of cooking outdoors

MEETING— BARK LAKE WORKSHOP STEERING COMMITTEE — Room 216.

MOVIES — in the Mayfair Room

10.15 a.m.—11.00 a.m. **VISIT THE EXHIBITS**

11.00 a.m.—12.15 p.m. **SONG LEADING**

Mr. R. N. McGregor, Principal, Queensborough Junior High School. Another of our sessions which appears annually as a result of tremendous interest. This will be Mr. McGregor's second appearance at our conference.

NATURE LORE (Directors, Specialists and Counsellors)
Kirk Wipper, Camp Kandalore.

An area in the camp programme in which directors lament the sad lack of leadership. Mr. Wipper brings with him many years of experience and interest in this field, and is capable of inspiring many of us to initiate or expand the nature lore programme in our camps.

WATERFRONT

Mr. Lou Smith, Scarborough Board of Education.

C. I. T. TRAINING AND PROGRAMME

Mrs. Ralph Raymer, Camp Tanamakoon.

KITCHEN MANAGEMENT

Mrs. J. B. P. Moffatt, Taylor Statten Camps.

CONSERVATION AND PLANTING

J. B. Liddell, Camp Mia-Konda.

A two-fold interest area . . . What can we teach campers about conservation? . . . and how can we improve our own campsites through conservation and wise planting?

MOVIES — in the Mayfair Room

12.15 p.m.— 2.00 p.m. **LUNCH AND EXHIBITS**

2.00 p.m.— 3.15 p.m. **THE CAMPER**

Mrs. D. Palter, Camp Kawagama.

BARK LAKE

Hart Devenney, Bark Lake Camp.

A session for both directors and counsellors explaining the organization, aims and programme of the Board of Education's Counsellor Training Camp, Bark Lake.

VESPER AND CHAPEL SERVICES

Mrs. J. B. Liddell, Camp Mia-Konda

PROMOTION

Jack Gregory, T. Eaton Co.; Public Relations, R.L.S.S. A session designed to present a discussion on the various techniques of promotion and advertising etc.

ADVENTUROUS GAMES

Miss Margaret Potter, Canadian Girl Guides.

Suggestions for active games which can be played either in the woods or in larger clearings.

PROGRAMME PLANNING FOR DAY CAMPS

Mr. Ted Storey, Chief of Recreation & Parks Field Services—University of Illinois.

Planning with staff and campers, a session for Day Camp senior staff covering methods of programme planning, theme, special events and programme resources.

turn to page 88

AT CAMP...



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Tips on visiting Exhibits

Reprinted from *Retail Lumberman and Recreation Magazine*

The Convention Exhibit hall is usually the finest concentration of information, product samples, ideas and better business aids that a business person can see assembled in one place. Yet only a small percentage of delegates take full advantage of this opportunity, usually so colourfully and interestingly set up.

Reasons for attending conventions are numerous. Business, usually, is the chief reason, as the entire programme is naturally built around better products, methods and ideas. Other reasons include the relaxation of taking a trip, renewal of old friendships, and respite from business pressures.

From the business end of conventioning, there are chances to learn answers to problems at the various sessions; to make contact with manufacturers, wholesalers, and distributors; and to pick up merchandising aids and ideas. Obviously you do not want to spend every minute, between scheduled business and entertainment sessions, on the exhibit-hall floor. The question is how to get the most out of exhibits. Before leaving for the convention, make a list of problems that have bothered you during the past year.

Too often, the delegate makes one quick spin around the booths, picking up samples of almost everything that comes within his reach. Seldom does he ask questions, and often he waits until representatives are absent, to slip by and pick up items in which he may be interested. This is a good method of short-changing himself.

TRIP ONE

This should include a general swing around the exhibit hall, gathering materials on a once-over-lightly basis, noting individuals and firms

with whom you may wish to discuss matters later, or whose displays or products arouse your interest.

TRIP TWO

This is more specific. Now you get down to details, going back to selected booths, asking questions, discussing problems, enlarging your library of literature on special interest items.

The exhibitor's representative is there to provide service, as well as make sales. But he is also there to answer questions and help with problems that may have developed in regard to his product or service. He can suggest ways and means for merchandising and, perhaps, new uses. At a convention you have your man trapped. Pin him down on service and delivery, on promises not kept, on product malfunction. Suggest either more or less frequent calls. Invite a sales pitch: make him show you why his product is better.

Be charitable to the exhibitors. They have gone to considerable effort and expense to come to the convention, set up and assign men to help you. Let them make their pitch . . . you *might* be interested. It pays to attend a convention with an open mind.

What about exhibitor literature? Load up! On your quick tour around the booths, gather any material offered, if it has the least bit of application to your problems. On the specific tour, you will have a chance to concentrate on those firms that provided materials which are most interesting and potentially profitable to you. Judge each piece of material before discarding it.

Once you're home, the convention can continue to benefit you, but not if everything garnered there . . . materially and mentally . . . is forgotten. Examine each idea, product datum, merchandising suggestion, sales aid, and success story. Determine how any or all might be made to work for you. —●

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RED CROSS WATER SAFETY SERVICE

*By C. R. Blackstock,
National Director,
Water Safety Service,
Canadian Red Cross Society*

The Canadian Red Cross Society has, in its Water Safety Service, an aquatic programme suitable for camps. The Water Safety Service has grown tremendously since its inception some fifteen years ago. Part of this growth is due to the wide use camps have made of the Red Cross programme of pupil training and of the instructor preparation service Red Cross provides in all provinces.

Pupil training is recognized by badges for those who successfully meet the requirements of the tests established for each of four levels. Candidates in instructor and examiner courses who meet the requirements of the tests are certified.

Any organization can request Red Cross to admit a candidate to a course. These courses are run by the Divisional Directors in each province several times during the year.

The pupil training programme consists of four levels arranged in progression from Beginner to Senior. Each test requires knowledge of water hazards, reaching assists and safe personal practices near, in and on the water. Each test requires the good performance of a number of stroke skills. For the Intermediate and Senior levels knowledge of and ability to perform artificial respiration are required. Except for the Senior test, for which the candidate must be at least thirteen years of age there are no age restrictions.

Red Cross has available a Leadership Training programme. It is organized around the Pupil Training courses but is applicable to almost any aquatic programme. The training courses include organization and administration of aquatic instruction for a variety

of waterfronts; the theory and practice of swimming and artificial respiration; and the methods of instruction. Practice teaching is included.

Leadership training can begin with the Leader course open to those who are at least 16 years of age. Successful candidates are able to assist instructors or waterfront directors.

The Instructor is a well-prepared teacher of aquatics, especially the Red Cross Water Safety programme. He or she is quite capable to take on the responsibility of the camp aquatic activities.

Red Cross Examiners are chosen from the ranks of the qualified instructors. In each division or province a few Supervisors are selected to assist the Water Safety Service to more and more people and organizations.

Camp Directors will wish further detailed information than space permits at this time. Please write to the Red Cross Director in the home province.

BRITISH COLUMBIA:

The Canadian Red Cross Society, B.C. Division,
1235 West Pender St., Vancouver, B.C.
(Field Director of Water Safety Service—
Major B. Martin)

ALBERTA:

The Canadian Red Cross Society, Alta. Division
1504 1st. Street E., Calgary, Alta.
(Director of Water Safety Service—
Mr. A. G. Gilmet)

SASKATCHEWAN:

The Canadian Red Cross Society, Sask. Division,
2331 Victoria Ave., Regina, Sask.
(Director of Water Safety Service—
Mr. Bevan Lawson)

MANITOBA:

The Canadian Red Cross Society, Man. Division,
226 Osborne St. N., Winnipeg, Man.
(Director of Water Safety Service—
Mr. W. A. LeBlanc)

ONTARIO:

The Canadian Red Cross Society, Ont. Division,
460 Jarvis St., Toronto, Ontario.
(Director of Water Safety Service—
Mr. Malcolm McMartin)

QUEBEC:

The Canadian Red Cross Society, Que. Division,
2170 Dorchester St. W. Montreal, Que.
(Director of Water Safety Service—
Mr. Charles Burroughs)

NEW BRUNSWICK:

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NOVA SCOTIA:

The Canadian Red Cross Society, N.S. Division,
71 Morris St., Halifax, N.S.
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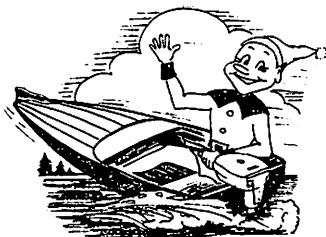
The Canadian Red Cross Society, P.E.I. Division,
62 Prince St., Charlottetown, P.E.I.
(Director of Water Safety Service—
Mrs. Evelyn M. Cudmore)

NEWFOUNDLAND:

The Canadian Red Cross Society, Nfld. Division,
55 Duckworth St. E., St. John's Nfld.
(Director of Water Safety Service—
Mr. Doug Eaton)

The address of the NATIONAL HEADQUARTERS
of the Canadian Red Cross Society is:

The Canadian Red Cross Society
95 Wellesley Street, East
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Canada



Will These Interest Your Campers?

Reprinted from "THE YOUNG NATURALIST"

WHY DO TREES LOSE THEIR LEAVES? . . .

October and November are the months of falling leaves. Did you ever wonder why some trees (which we call deciduous trees) lose their leaves, while evergreens keep their needle and scale leaves?

Our broad-leaved trees lose their leaves before winter comes, for two reasons. First, moisture is scarce in winter because the water in the soil is frozen, and if the leaves were kept during the winter months, the tree would dry out as its water evaporated from the leaves. Second, most broad-leaved trees could not stand the weight of snow that would rest on them if they kept their leaves.

Perhaps you wonder how evergreen trees avoid these two problems. Very little moisture escapes through the small surface area of their needles. The conical shape of our evergreen trees helps them shed the snow.

By autumn, leaves have completed their summer's work of producing food for the tree. A layer of cells begins to form between the twigs and the leaves, and less water goes into the leaves. The green material, called chlorophyll, begins to die. Then we can see the other colours that have been hidden. It is not the frost that colours the leaves; the frost only helps to kill the

green chlorophyll so that we can see the other colours.

At last, when the layer of cork cells is complete, the leaf falls. Look at the twigs of trees and see if you can find the little heart-shaped leaf scars where the leaves once grew. In the notch of these scars you can also find a bud—the promise of next year's growth.

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Do bears hibernate or sleep in the winter? What is the difference between a beak and a bill? How many kinds of wolves are there in Ontario? Antlers or horns; which is which? What happens to bees in the wintertime? Where can you find the answers to such questions? In the pages of that worthy little newspaper, *The Young Naturalist*, published by the Federation of Ontario Naturalists, eleven issues of which are sent to each member of the Young Naturalists Club every year. Just think of the valuable and easily read encyclopaedia anyone . . . camp director, staff member or camper . . . could make his own for only one dollar per year. This is the kind of thing alert camp directors will take advantage of now as an investment for next summer. Write to The Naturalists Club, Federation of Ontario Naturalists, Edwards Gardens, Don Mills, Ontario.

—●

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systematically approach his particular tasks, and to direct his attention logically to those situations which will be of most assistance to him, we must express our feeling that this is rarely, if ever, the case — for the adolescent, for the young adult, or for any person at any of our stages of development! We know that the developmental task is not just another project that the ambitious individual takes on methodically in order to better himself, but rather, as Professor Havighurst puts it: “developmental tasks may arise from physical maturation, from the pressure of cultural processes upon the individual, from the desires, aspirations, and values of the emerging personality, and they arise in most cases from combinations of these factors acting together.”

Let us consider the plight of the eighteen-year-old who, in coming to camp as a counsellor, was really and unconsciously working at the task of emotional emancipation from parents and other adults—and then he discovers that the camp, by its very essential “controlled setting”, substitutes other adult control figures for the parents and for the teachers!

Or, perhaps we could think of the lad, who never heard of Havighurst’s developmental tasks, but who begins to recognize, about half way through the summer that he wants to,—in fact he *needs* to have some mature relationships with age mates of the other sex! To him this may be so urgent that he will slip away from his responsibilities for the safety of campers, and after a long hike and paddle he will furtively sip a milk shake with a young waitress in the village some miles away!

Are these inconsistent acts? Perhaps,

but the important thing is—with what are they inconsistent!

Can we really accuse the young counsellor of unreliability? Can we really expect him to know himself and “where he stands” even more than many of us know ourselves?

One suspects that his very willingness to accept the conditions of camp life at the outset represents something of the naivete, something of the vigour—yes, something of the *courage* of youth.

At the base of the very problems with which we are concerned, are the very personal characteristics we need the most!

THIS CAN BE RESOLVED

Every Camp director, every camp committee, would like to be relieved of this dilemma. To many the answer seems to be just to engage counsellors who are *old enough* to really demonstrate consistency and reliability! But here is the rub—*age* has long since been proven a poor criteria for *individual integrity*.

Probably what we are really looking for in our camp counsellors, are persons whose concept of right and wrong is sufficiently strong to check for any given period the basic strivings of the now “well balanced”, “integrated” personality. Where have we met a group of such people? On the staff of a school? In a business organization? Among camp directors? In a church congregation? When shall we stop demanding that these leaders of cabin groups of six or eight children be super men?

Would it not be more appropriate to search for ways, within the organized
turn to next page

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camp setting, that our counsellors may be helped to achieve those developmental tasks which Havighurst indicates are so important to their motivation.

Can we provide facilities and equipment for active physical recreation? Is there provision for an evening "snack" and a chance to play the most recent records on the "jazz stack"? Could some of the "staff wives" conduct a "learn to dance class"? It is possible to encourage "staff parties" when with good planning young partners may be "imported" from other camps and lodges? Is there provision for the much needed discussions of real life problems—with competent resource people involved? Does the counsellor play a really vital role in programme planning?

Providing for the needs of young

people in these ways is every bit as important as any other phase of the supervisor's job. It therefore becomes increasingly evident that the surest step, (following of course, a sound and thorough counsellor-selection program) is *the involvement of really competent unit and department heads*. These few, select, hand-picked supervisory staff *can* be expected to be persons of complete emotional integrity—persons who will accept our counsellors as they are, will be thankful for their courage and vigour, and will recognize that their personal development is the greatest challenge of the supervisors job!

Very few of the problems and inconsistencies indicated at the beginning of this article need to continue in a camp if there is really adequate supervision.

—●

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DAY CAMP ADMINISTRATION

Art Buckley, Metropolitan Toronto Y.M.C.A.

A discussion of areas of publicity, sites maintenance, staff, records, purchasing, and reports.

MOVIES — in the Mayfair Room

3.15 p.m.— 4.00 p.m. EXHIBITS AND DRAW

4.00 p.m.— 5.15 p.m. EVENING PROGRAMME

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HIKING

Dr. J. E. Anderson, Canadian Boy Scouts

An information-giving session bringing out pointers for the planning and special preparations needed for hiking.

DAY CAMP ADMINISTRATION (Continued)

PROGRAMME PLANNING FOR DAY CAMPS (Continued)

MOVIES — in the Mayfair Room

7.00 p.m. CLOSING BANQUET

Chairman: Miss Margaret Govan, President, Ontario Camping Association.

Speaker: Professor Alan F. Klein, University of Pittsburgh.

Title: "You can make beautiful music together, but it helps to know the score."

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It's Wise



To Supervise

A DISCUSSION ON STAFF
SUPERVISION IN SUMMER CAMPS

COMPILED AND EDITED BY

ALAN KLEIN,

*Professor Graduate School of
Social Work, University of Pittsburgh.*

and

IRWIN HALADNER,

Director, Camp Wabi-Kon

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meat other than fish. Roast these on a spit, boil (the drained water also makes a nourishing drink) or bake as described for fish.

Using a colorful strand of wool, bright berries, minnows, crayfish, grasshoppers or flies as bait and a pin as hook, fish should form a staple part of your diet. Wrap the fish in leaves, lay it in a hole on flat stones, then cover it with a bed of coals and cover with earth for about one hour and you will have a succulent baked fish. Take small bites and chew your food slowly to get the maximum benefit from it. It will not be home cooking but it will sustain you indefinitely.

When searching for food do not wander far from your base camp. Take a "fix" on your position relative to the sun, the lake, hills and other outstanding landmarks.

9. INSECTS. While you have nothing to fear from animals, black flies and mosquitoes can make your life a living hell. Find a breeze. This diminishes their numbers. Keep covered, collar buttoned, pants tucked into socks, a handkerchief around your neck or over your head. A smudge fire of green boughs, ferns or damp leaves is very effective. These measures plus vigorous slapping are about all that you can do to ward off the beasts.

There is much more that could be written, but these few simple facts are enough to sustain anyone lost in the bush.

Here is one further suggestion to anyone travelling in the bush: I have a favourite jacket that I always wear for hunting or hiking. In the pockets I put a number of permanent survival items, such as a compass, topographical map of the area, fishing line and hooks, small coil of steel wire, waterproof matches, an extra pocket knife, carborundum, six feet of $\frac{1}{4}$ " nylon rope, extra bullets, whistle, small metal mirror for signalling, some hard candy, plus two 33" x 3" sterile bandages. All together they weigh about a pound, and scattered through my pockets aren't even noticed. So far I haven't needed them but I feel very comfortable knowing that they are there.

Survival training can easily become the most exciting activity in camp. The resourcefulness that it can teach is an invaluable faculty for anyone to possess. It should be an important part of your programme.

The Ontario Department of Lands and Forests, Parliament Buildings, Toronto has a good comic book publication entitled "Survival In The Woods". Write for a free copy.

—●

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- ✓ **BUILDING A CAMP CLIMATE FOR SPIRITUAL GROWTH**—Developed as a product of several workshops. This is a pre-publication mimeographed edition of 15 pages. Persons ordering copies will be asked to make evaluation reports, both before and after use. 25c per copy.
- ✓ **CUMULATIVE INDEX TO CAMPING MAGAZINE**—Subject index from Vol. 1, No. 1 (March-April, 1926) to Vol. XXX, No. 8 (December, 1958). 35c.
- ✓ **WHICH CAMP FOR YOUR CHILD?**—Out of print for several years, this guide to parents has been revised and reprinted. 15c. 25 or more copies, 10c each.

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THE AMERICAN CAMPING ASSOCIATION

Bradford Woods

MARTINSVILLE, INDIANA

from page 61

such plants are in spite of their somewhat insignificant appearance. One very common and desirable lichen food source is the reindeer moss which is usually dark or grey green and has branches like a tiny tree or antlers of a reindeer. It is also best prepared by the roasting process.

Another well known survival food is the Iceland moss which is brown in colour, stands quite erect and has the appearance of many small branches. It may be found almost anywhere moss should thrive.

Other kinds of starvation foods are also readily available in an emergency. Ants lie dormant in dead hollow trees through some parts of the year and are good food although they do have a rather unpleasant acid taste. Rawhide or, leather, if boiled for several hours will make a nutritious soup. Extra boots or other leather articles may prove useful and should not be discarded. The bark and buds of certain trees may also serve to advantage in a struggle for survival. The thin, green outer skin on bark, as well as the buds of the trembling aspen or poplar trees, are excellent food. (No doubt this statement would be confirmed by our friend the beaver). Similarly basswood buds are an excellent nourishment source.

This is not, by any means, a complete consideration of survival type foods. Other suggestions will be offered in the next article on this topic. The requirements for a survival kit will also be outlined at that time. In the meantime it would be worth while to see if you can locate, in winter conditions, the above mentioned lichens or moss. This is the first step in learning to cope with wilderness survival.

(Another article next month)

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and to the phenomenal advances in the day camp field. Agencies holding public land, such as parks and forests, should be studied in terms of the extent to which they can be developed to serve camping needs.

Leadership. A major problem during recent years has been the difficulty in securing a sufficient number of mature, qualified leaders. It arises in part from the various other summer opportunities for students and teachers. Many college students who would like to go to camp cannot afford to pass by other opportunities which offer higher incomes. The number of college courses in camping and the number of students taking such courses have increased vastly during recent years.

The New Leisure. Vacations, shorter working hours, high incomes, and mobility have changed the leisure-time pattern of the American people. The millions who now use our public and private lands attest to this fact. This leisure imposes a responsibility on camping leaders to teach the arts of leisure that are outdoor-related. Eighty-five per cent of our people are not producers of food and fibre but are consumers and users of the outdoor areas. Learning to use the outdoors wisely and to conserve our forests and wildlife unimpaired for future generations is a paramount concern.

Camps must prepare to offer experiences to children that will train them for leisure related to the use and understanding of the out-of-doors. Nowhere else but in the good home do we find the favorable combination of circumstances for helping youth grow that we find in camp. Every child should have the opportunity—at least once—of attending a good camp. The competition of other activities for a child's time should never be allowed to crowd out the unique experience of camping.

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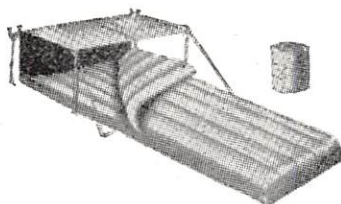
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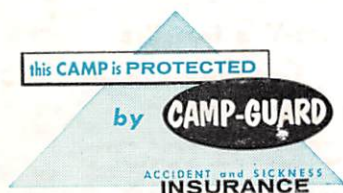
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